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Let's Talk About Grief

As a nation, we have felt the impact of grief to a much greater degree over the past several years. Our knowledge and ability to respond to the resulting emotions and stress have not kept pace with the need.



We provide resources, information, and training to help schools, counselors, and others in the community learn key concepts and ways they can support children and adults who are grieving.

Our workshops and presentations are led by a certified grief educator and can be virtual or in-person. We can schedule hour long sessions and up to half-day workshops for your staff as well as provide educational events for your community. The suggested topics below can be combined, modified, and adapted to meet your needs.

- Some Basic Truths About Grief
- Culture & Its Role In Grief
- Talking with Children & Teens About Death
- Childhood Developmental Stages & Grief
- Strategies for Educators Helping Children Cope with Grief & Trauma
- Tools for Caregivers Helping Children Cope with Grief
- Self-Care Strategies While Grieving
- Memory-Making Activities for Individuals, Children, and Families

For more information about scheduling a workshop or presentation please contact:

Julie R Gwinn-Bright, Board Chair – Secretary & Treasure at the *Hospice & Palliative Care Foundation*:
julieb@hpcfoundation.org or 843-409-7991

The *Hospice & Palliative Care Foundation* is a 501(c)3 organization serving the residents of South Carolina. For more information on the foundation, please visit our websites and
www.hpcfoundation.org and www.camphandsofhope.org.

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