As a nation we have felt the impact of grief to a much greater degree over the past two years. The Hospice & Palliative Care Foundation provides resources and education to individuals and families across South Carolina dealing with grief and loss. We would like the opportunity to offer workshops and/or presentations that support children and adults in your congregation and the surrounding community who are dealing with grief. Your church would be the host organization and our Foundation would sponsor the event and provide trainer(s) and materials. In return we ask that we be allowed to make information about our Foundation available to participants.

**Topics A Half or Full Day Grief Workshop Can Include:**

- Some Basic Truths about Grief
- Culture and its Role in Grief
- Talking with Children and Teens About Death
- Childhood Development Stages and Grief
- Tools for Caregivers Helping Children Cope with Grief
- Self Care Strategies While Grieving
- Memory Making Activities for Individuals and Families
- Information on Community and Online Grief Resources

Shorter in-person or virtual presentations of up to 2 hours for church groups, church staff, Sunday school teachers and/or the general public can also be provided. If interested please contact Diane Carlson, Associate Director Hospice & Palliative Care Foundation: dianec@hpcfoundation.org, (843) 409-7991

The Hospice & Palliative Care Foundation is a 501(c)3 organization serving the residents of South Carolina. For more information on the foundation, please visit our websites: [www.hpcfoundation.org](http://www.hpcfoundation.org) and [www.camphandsofhope.org](http://www.camphandsofhope.org)